



Runway5 Event Rules

As at Thursday 25 April 2024

- Runway5 is a running and walking event. Forms of wheeled conveyance comprising skateboards, skates, scooters, pushchairs, buggies, and prams are not permitted.
- Runway5 participants must not wear any clothing or accessories that could drop off during t
- Runway5 participants are permitted to wear headlamps whilst on the runway.
- Runway5 participants must follow the instructions of marshals and event personnel when on the runway.
- Runway5 participants should pass on the right when undertaking a passing maneuver with participants being passed allowing space for this to happen.
- Runway5 participants must not take drink bottles, flasks, gel sachets or any form of packaged supplement onto the runway.
- Runway5 participants can warm up for their respective event on the runway but must stay off the designated course. A designated warm up area will be available next to the northern taxi way. No warming up around the airport carpark/ring road area.
- Runway5 participants are not permitted to wear ear buds on the runway.
- Spectators are not permitted to enter the runway and must stay in the designated spectator area at the front of the terminal building.
- All food and beverage packaging/vessels from consumption in the spectator area must be placed in the bins provided.